



PATRON : Mr. C. R. Rajah

TRUSTEES
Dr. A. Vijaratnam
Dr. Oliver Henedige
Justice S. Rajendran

ADVISORS
Dr. N. Kunaratnam
Dr. R. Theyvendran, PBM
Mr. S. Puhaindran, BBM, PPA

Management Committee

President
Mr. P. Raveentheran

Immediate Past President
Mr. A. Rajendra

Vice Presidents
Mr. R. Mahendran
Dr. S.T. Kasinathan

Hon. Secretary
Mr. Shreepathy

Hon. Treasurer
Mr. M. Sivakumaran

Chairman, House Committee

Mr. T. Ravindran

Chairman, Social & Cultural Committee

Mr. S. P. Sivamani

Chairman, Board of Games
Mr. Ratnakumar Sivagnanam

Committee Members

Mr. S. Krishnamoorthy
Mr. K. Surendran
Mr. K. Sivanathan
Mr. R. A. Nathan
Dr. B. Kannan

Lady Committee Members

Ms. S. Pushpavathy
Ms. N. Saraswathi

Hon. Auditors

Mr. T. Arumugam
Mr. C. Thilagaratnam
Mr. N. Senthilrajan
Mr. S. Nadarajah

Convenors

Cricket
Mr. L. Rajesh
Hockey (Men's)
Mr. P. Mahesh
Hockey (Ladies')
Ms. Jeanette Brennan

Darts
Mr. Selva Kumar

Pool
Mr. Eugene Quek

Secretariat Staff

Manager : Ms. Selvie Sundari
Senior Executive : Mr. K. Ramanathan
Finance Administrator : Ms. Jewel Kala

Editorial Team

Ms. Selvie Sundari
Mr. K. Ramanathan
Mr. P. Raveentheran (Ex-Officio)
Mr. Shreepathy (Ex-Officio)

Club Facilities

Operating Hours

Secretariat

Tel : 62971009 Fax : 62999487
9.30 a.m. - 6.00 p.m. from Mondays to Fridays
9.30 a.m. - 1.00 p.m. on Saturdays
Email : cscsing@starhub.net.sg
Web page: www.cscsingapore.org.sg

Lounge, Jackpot Room

Tel : 63914550 / 63914518
9.30 a.m. - 11.30 p.m. from Sundays to Thursdays
9.30 a.m. - 12.30 a.m. on Fridays, Saturdays and Eve
of Public Holidays

Canteen

8.30 a.m. - 10.30 p.m. Every Day

Rates of Function Halls Conference Rooms & Sports Facilities

FACILITIES		REVISED RATES		DEPOSIT	REMARKS
		MEMBERS	NON MEMBERS		
FUNCTION HALL	WEEKENDS & FRIDAYS	\$ 300.00	\$ 400.00	\$ 300.00	CAPACITY: 120 PERSONS MAX. 4 - 5HRS DISCO LIGHT & MUSIC: \$100.00 MUSIC ONLY: \$50.00
	EVE OF PUBLIC HOLIDAYS				
	PUBLIC HOLIDAYS				
SPORTS LOUNGE	WEEKDAYS (BEFORE 5PM)	\$ 150.00	\$ 200.00	\$ 200.00	CAPACITY: 80 PERSONS MAX. 4 - 5HRS
	(AFTER 5PM)	\$ 175.00	\$ 200.00		
	WEEKENDS (BEFORE 5PM)	\$ 175.00	\$ 200.00		
	(AFTER 5PM)	\$ 200.00	\$ 225.00		
FUNCTION HALL & SPORTS LOUNGE	WEEKENDS & FRIDAYS	\$ 450.00	\$ 600.00	\$ 300.00	CAPACITY: 200 PERSONS MAX. 4 - 5HRS DISCO LIGHT & MUSIC: \$100.00 MUSIC ONLY: \$50.00
	EVE OF PUBLIC HOLIDAYS				
	PUBLIC HOLIDAYS				
CONF. ROOM	WEEKDAYS	\$ 250.00	\$ 350.00	NIL	PER HOUR RATE MIN. 2HRS
	ANY DAY	\$ 50.00	\$ 70.00		
FIELD	HALF DAY: (MORNING)	\$ 350.00	\$ 350.00	\$ 200.00	
	(AFTERNOON)	\$ 400.00	\$ 400.00		
	FULL DAY	\$ 750.00	\$ 750.00		
CRICKET NETS	2 HOURS PER SESSION (DAY)	\$ 75.00	\$ 75.00	NIL	BEFORE 7.00 P.M. AFTER 7.00 P.M.
	2 HOURS PER SESSION (NIGHT)	\$ 150.00	\$ 150.00		
TENNIS COURT	WEEKENDS & PUBLIC HOLIDAY	\$ 7.00	\$ 8.00	NIL	GUEST FEE: \$ 2.00 PER PERSON/HOUR
	WEEKDAYS [BEFORE 7PM]	\$ 4.00	\$ 5.00		
	WEEKDAYS [AFTER 7PM]	\$ 7.00	\$ 8.00		
POOL	ANY TIME	\$ 2.00	\$ 2.00	NIL	

Membership Benefits

Sports and Fitness Facilities

Field Sports (Cricket, Hockey, Netball)
Cricket Nets (Day & Night)
Indoor Games Room (Darts, Cards, Pool & Billiards)
Tennis Court
Jackpot Room with latest machines
Children's Playground
Video Games
Foot Reflexology Path

Social Activities & Facilities

Happy Hour every Monday to Friday
Raffle Draw every Tuesday and Thursday
Ceylonese Food - Daily
Jackpot Day, Members' Nite, National Day Dinner
& Dance, Deepavali Dinner & Dance, Children's
Christmas Party and New Year's Eve Dinner &
Dance.
Subsidised Social and Out Country Activities.
A cake for Birthday celebrations at the Club.
Bouquet of flowers for hospitalised members and
newly weds.

TV/Reading Room with local, Indian and Sri
Lankan Newspapers.

Reciprocal use of facilities of affiliated Clubs in
Malaysia, India, Sri Lanka, Thailand, Philippines,
United Kingdom, Australia and other countries all
over the world.

Good food and drinks at reasonable prices
Live Band on Tuesdays, Thursdays, Fridays & Eve
of Public Holidays

Educational Benefits

Mentor Scheme for students
Educational Merit Awards for members' children

Senior Citizen Benefits

Health talks and other Senior Circle Activities

Death Benefits

Bus and Wreath arrangement for the bereaved
(Members and immediate relatives)
Obituaries for Senior Life Members who served the
Club.
Death Grants for Senior Life Members.



President's Dear Members, Message

With the economic downturn, Gulf War II, and now SARS, it is hard to ignore the fact that society and the world at large has grown to be inter-dependent and less insular, that brings along both good and the unpleasant. And there is no turning back to the good old carefree days.

The Ceylon Sports Club, for instance, together with the other clubs in the sports fraternity and national sports associations, has to make adjustments to its calendar of sports and social activities, matches, and coaching programmes to address the threat of SARS (Severe Acute Respiratory Syndrome) in our midst.

In response to requests from members and staff, the Club at short notice, organized a Talk on SARS on 6 April 2003. It is doing its part to educate the members of SARS that has cast a dark cloud affecting the daily lives of Singaporeans, here, notwithstanding the other SARS-affected countries. The Club from its onset of the disease in March has put up relevant notices on SARS for the benefit of members. Members with flu-like symptoms and especially who had recently visited a SARS-affected country are urged to consult a doctor and stay at home till they are well.

With proper dissemination of information by the authorities, and common sense approach by all of us, there is no reason to panic or over-react either; as it is said that fear itself is worse than the disease. Our heart and gratitude go to all our healthcare and essential service professionals and workers who are at the frontline everyday in their fight against SARS.

The Ceylon Sports Club was involved with the National Heritage Board (NHB) in the Heritage Festival 2003 (15 March – 23 March 2003) during the school break. This is the third consecutive year that the NHB is organising a national heritage festival, and the first time our Club is involved in the Fringe Activities of the Heritage Festival 2003 in showcasing the rich heritage and our sports activities and how our Club has evolved through the years.

The Ceylonese Heritage Trail – a first in Singapore's history – took place on 19 March, 2003. It was an opportunity for visitors to visit places of interest such as our Club, the Balestier Plain, and the recently rebuilt Ceylon Road Temple, among others. Many of them were first time visitors and were also very impressed with the rich history of the sports clubs that straddle the Balestier Plain.

On behalf of the Club, I wish to thank Dilmah (Singapore) Pte. Ltd, for their participation in the Ceylonese Heritage Trail. It was a great opportunity for visitors to taste the world-renowned Ceylon Tea and the various flavours available. I would also like to thank Gems of Lanka for having lent us a variety of Sri Lankan handicrafts and batiks for display at the Club. Our thanks to Mr. Ganeshamoorthy who was the 'guide' for the day and who did a splendid job in his well-prepared presentation to the visitors at the Function Hall.

In July last year, the Ceylon Sports Club launched its Building Fund Raising Drive. The Draw has now been postponed to 30 December, 2003. If you have not done your part in contributing to the Fund, you can do so now. Pledges in the form of donations by instalments can be made. We appeal to each and every one of you to give generously, please.

Of the Trail – specifically the Balestier Plain - to our fellow Singaporeans and tourists, the next time you take a walk in the vicinity of the Balestier Plain, pause and do visit one of our Clubs and see what keeps them abuzz with activities. It is part of our rich Singapore heritage we can all be proud of.

Wishing you Happier days ahead,

P. Raveentheran
President



President's Speech @ Balestier Plain Clubs' Joint New Year's Eve Celebrations

Mr. Chan Soo Sen, Minister of State to the Prime Minister's Office and Ministry of Community Development and Sports

Ladies and Gentlemen

Good Evening

On behalf of the Balestier Plain Clubs, I welcome you to our joint New Year's Eve Celebrations — the first ever joint New Year's Celebrations in our combined illustrious history.

We are so happy to see many of you today to join us in the Celebrations.

This past year has been an eventful year for all of us. The economic downturn has cast some clouds over us for some years now. It is all the more reason for us to rally together and ensure that life still goes on for our family and loved ones. Not-for-profit clubs like ours with a social conscience do indeed play an important role especially in these trying times. We are not proprietary clubs neither do we have transfer fees. Members join the clubs not for speculative purposes, but for the love of sports, fellowship, social, cultural and altruistic reasons.

Sports - a Social Leveller

We therefore do play an important social role in providing an important social net. It is often said that sports is a social leveller. Our challenge today is to engage more youths and embrace more of our foreign friends of all nationalities who are here to live and work in Singapore. This year, we had for the first time, a Mid-Autumn Festival organised together with the Siau-Lim Martial Arts Association involving several hundred students from China.

Master Plan 2003

At the same time, our Clubs have to look into our long term plans. In response to the government's and URA's invitation to public feedback, we had submitted our proposals too. As Minister Mah Bow Tan mentioned early this year it is hoped that the Draft Master Plan can truly be a joint project of the URA and its stakeholders, the people who live, work and play in Singapore. It is said that the **Master Plan 2003** would place greater emphasis on issues of identity and take into account of the interests of different parties. In the Remaking of Singapore, the Prime Minister's brief was to leave no stone unturned. We should share a thought for the importance of not-for-profit sports and cultural organisations that play a very important role in social cohesion where the considerations and

returns cannot be simply reduced to dollars and cents. The intangible returns far outweigh the dollars and cents. Sports, like Arts, contribute to the well-being of our society. Mr. David Lim, Acting Minister for Information, Communication and the Arts, when he spoke about the Arts, mentioned that the arts contribution to social bonding is priceless, and cannot be measured in dollars and cents. The same goes for sports.

If I can quote a Straits Time article (23 May 2002) verbatim:

In a parable to the Harvard Club in 1981, the first Minister for Culture, the legendary Mr. S. Rajaratnam said: "Would you rather be happy pigs or unhappy men?" — he made clear that those who believed in material well-being as an end in itself, to be arrived at without toil, tears, or sweat, ended up as pork chops, bacon and suckling pigs.

Unhappy men, on the other hand, are often the sort that built great societies, and civilisations, and this is because they are driven by a creative discontent. If I may extend this to our present-day context, the last point holds the key to why sports and not-for-profit organisations matter, and deserve the support from the State. Our inputs should be seen as a creative dialectic — a dynamic engagement that results in social betterment.

Role of the Balestier Plain Clubs

You can be rest assured that the Balestier Plain Clubs will continue to play an eminent social role as it had been doing since the early 1900s. We are here to stay. But we need all the help we can get from the powers to be. We thank them for the past support.

At this point, I wish to thank the Organising Committee led by the Managers of all our Clubs — Mr. Gutch, Mr. Raj and Ms. Selvie - as well as hardworking young Chairman Mr S.P. Sivamani; experienced Secretary Mr. Shreepathy and steady House Chairman Mr. T. Ravindran; fellow Presidents Mr. Jagjit Singh, Mr Sawlani and Mr Lee; and all our staff and you - our dear members and friends - for making this occasion a memorable one. Please join me in a round of applause for them and you, too.

On a final note, on behalf of the Management of our Clubs, may I wish everyone present today, your families and loved ones a Very Happy and Prosperous New Year. Have a great New Year's Eve Party and let your hair down as we look forward to a better and yet challenging year.

Thank you.




CALENDAR OF EVENTS 2003

DATE	DAY	MONTH			
		FEBRUARY			SEPTEMBER
14	Fri	Valentine's Day Celebrations	20	Sat	Balestier Plain Clubs' Joint National Day Celebrations
		APRIL			NOVEMBER
23	Wed	Jackpot Lucky Draw			Deepavali Nite
		MAY			DECEMBER
17	Sat	Tankard Game	1	Sat	School Holidays
		JUNE			Cricket Coaching Clinic
28		72nd Annual General Meeting (4pm) Members' Nite (7pm)	22 Nov - 31 Dec		Children's Christmas Party
7 - 29	June	School Holidays Cricket Coaching Clinic	13	Sat	Jackpot Lucky Draw
		AUGUST	17	Wed	CSC Building Fund Donation Draw
TBD		Persatuan Ceylon Pahang Cricket 6's (Kuantan)	30	Tue	New Year's Eve Celebrations 2003
20	Wed	Jackpot Lucky Draw	31	Wed	

"The Annual CSC / TPCA Games in K.L. this year has been postponed due to SARS, on the request of TPCA."

Regular Events:

Cricket Coaching Clinics for Youth

Every Tuesday 5.00pm to 7.00pm
Every Saturday 4.00pm to 6.00pm

CSC League Cricket Training

Every Thursday 5.00pm to 9.00pm
Every Friday 5.00pm to 9.00pm
Every Saturday 5.00pm to 7.00pm

Hockey Coaching Clinics for Youth

Every Monday 2.00pm to 4.00pm
Every Wednesday 2.00pm to 4.00pm
Every Friday 2.00pm to 4.00pm

Badminton

Every Wednesday 7.00pm to 10.00pm
Every Friday 7.00pm to 10.00pm
Every Sunday 10.00am to 1.00pm

Line Dance

Every Thursday 7.30pm to 9.00pm

Kaya Kalpa Yoga

Every Tuesday 7.30pm to 9.00pm



Heritage Trail – The Ceylonese in Singapore - A Joint Project of the National Heritage Board and the Ceylon Sports Club - Wednesday, 19 March, 2003

The Ceylonese Heritage Trail, jointly organized by the National Heritage Board (NHB) and the Ceylon Sports Club – a first in Singapore's recent history on the Ceylonese, was a resounding success.

The Trail was part of the Heritage Week, organized by the National Heritage Board – on 19 March 2003, in the midst of the school holidays.

The aim of the Heritage Week is to bring the richness in the diversity and the fusion of the various cultures to both Singaporeans and visitors to our land.

Participants had to pay a minimal admission fee of \$2. Visitors boarded a bus specially arranged by the NHB at the Eunos MRT Station carpark at 9 am for this exciting half-day journey on the history of the early Ceylonese of Singapore. This Trail started from the Sri Senpaga Vinayagar Temple at Ceylon Road, continued to Handy Road and then to the Balestier Plain and ended at Ceylon Sports Club where the participants received a warm welcome by CSC members. Mr. Ganeshamoorthy, a CSC member was the official tour guide throughout the Trail. He introduced games on the bus to liven-up the trip and spoke about the history of the Ceylonese and the early immigrants to this country.

At the newly built Temple in Ceylon Road, Mr. Sathyalingam, the Cultural Secretary of the Temple gave a conducted tour of the Temple, filled with anecdotes and information; and explained and answered questions about its history and the various aspects of Hinduism. The visitors were later treated to food and drinks provided by the Temple.

After a short rest, they headed off to Handy Road, the site of the old Singapore Ceylon Tamils' Association.

On the final leg of the journey by bus, the visitors were given a brief tour of the Balestier Plain – comprising the Singapore Khalsa

Association (SKA), the Singapore Chinese Recreation Club (SCRC), the Singapore Indian Association (IA) and the Ceylon Sports Club (CSC).

Mr. Ganeshamoorthy continued his talk at the Ceylon Sports Club's Function Hall on the history of the Club, its contribution and those of the other Balestier Plain Clubs to the sports history of Singapore; and the general aspects of the Community – food, culture, professions, their contributions and role in nation-building, etc.

After the presentation with slides and question-and-answer session, the crowd was treated to various displays of Ceylonese handicrafts, batiks, etc.

Dilmah (Singapore) Pte Ltd, the sole distributors of the famous Dilmah Tea from Sri Lanka were at hand to brief the visitors about Ceylon Tea. Souvenir tea bags were given out to all visitors. Special gift boxes of different flavours of tea were sold at discounted prices to all those who came for the journey through this Trail.

For lunch, they were treated to a variety of Ceylonese dishes, such as *appam*, *seeni sambal*, *vattal appam*, *kiri topi*, rulang cake, laveria, etc. and sweets such as coconut sweet, pudding, sweetballs, etc. They went home, very contented taking with them a head-full of Ceylonese history and a belly-full of Ceylonese food.

The Club wishes to thank Mr. Ganeshamoorthy and Mr. Sathyalingam for their assistance in helping make the journey through the Trail a memorable one to the visitors, many of whom have never visited the Club or the Temple.

With the experience gained, the Club would suggest more sights in future heritage tours, this being the first one jointly organized by the Club and the National Heritage Board and conducted within a limited space of time.

**FAREWELL to outgoing Sri Lankan
High Commissioner to Singapore -
Her Excellency, Mrs Chitrangnee
Wagiswara and Mr. Duleep Wagiswara**

And,

**WELCOME to the new Sri Lankan
High Commissioner to Singapore -
His Excellency, Mr. Ajit Jayaratne and
Mrs. Jayaratne**

In a Farewell Dinner jointly organized by the Singapore Sinhala Association (SSA), the Singapore-Sri Lanka Business Association (SLBA), the Singapore Ceylon Tamils' Association (SCTA) and the Ceylon Sports Club on Friday, 6 December 2002 at the Club's Function Hall, we bade farewell to H.E. Mrs. Chitrangnee Wagiswara and Mr. Duleep Wagiswara.

Mrs. Wagiswara had been the Sri Lankan High Commissioner to Singapore for three years since 15 December 1999. During her stay here, she and Mr. Wagiswara had been very supportive of the functions organized by the Club and the other Sri Lankan organizations in Singapore.

We wished Mrs. Wagiswara the very best in her new assignment as the Director General of Economic Affairs in the Ministry of Foreign Affairs in Sri Lanka.

On the same note, we would like to extend a very warm welcome to Mr. Ajit Jayaratne, the new Sri Lankan High Commissioner to Singapore and Mrs. Jayaratne.

Mr. Ajit was the Chairman of Forbes and Walker Ltd from 1984 –1999 and is also presently holding positions as Chairman and Director in a number of business entities in Sri Lanka.

He has been conferred with a title of Deshabandu (Patriot), the title awarded to outstanding personalities in recognition of their contribution to Sri Lanka.

We wish both Mr. and Mrs. Jayaratne the very best during their stay in Singapore.



CSC's Hockey Youth Development programme starts to mature

After going through five odd years of hard work of recruiting young players and developing them into good hockey players, CSC is finally doing the right thing by throwing this young blood into the deep end. Our coaching team along with senior members of the Hockey section decided that the time was right for regeneration.

CSC now boasts for the first time in a very long time, teams in both the Men's and Women's premier leagues. The latter is a first. The former has been a fixture since 1999. The boys and girls that make the bulk of the team have not delivered the kind of results that would conventionally be accorded with praise, but they are worthy of special mention all the same.

The Men's premier side has lost two of their three games to date, but their stunning 5-1 win over SCC has displayed why going with a by and large under-20 side this season was the right thing to do. This crop of players will surely mature into the type of players we hope will one day do the Club proud by winning the Premier League which has been dominated by two clubs, namely Chenab and SRC.

The Women's premier league is uncharted waters for us. The girls who have played three games thus far still await their first goal of the season. Three heavy defeats may seem to daunt the bravest warrior, but not the young lionesses we have in our midst.

The squad is of an average age of 15 and come at the end of the season. We are certain the bulk of these girls would have learnt valuable lessons and will go on to represent our country at the highest possible levels. We look forward to that day.

In the Women's Division One league, we have seen mixed fortunes as our team is struggling in the lower half of the table. They have managed to win one game but have lost three and know that they have an uphill task ahead of them if they are to finish amongst the top half.

The team which travels annually to play in the Bangkok King's Cup hosted by the Royal Bangkok Polo Club, has struggled to meet with the influx of players coming down from the Women's Premier League. Teams like Theresians, Police and Hollandse Club pack too much for our ladies' at present.

In time, we hope to remedy this problem with our current regeneration process. In the meantime, if you are interested to join the Hockey section, drop a note to our convenor, Mahesh at 98506120 or come down to our training sessions (Men) at Co-Curricular Activities Branch (CCAB), formally NIE campus off Bukit Timah Road on Fridays from 8 pm to 9 pm and at CSC (Women) on Wednesdays at 6 pm onwards.

In the meantime, we hope to see you come and support all our teams this season at the various venues when they play. Visit the SHF website for details or alternatively see the Hockey sections' notice boards for fixtures and results. Continue to help us fly the CSC flag this year.

by Kanan Packrisamy

Notice

All members please note that due to the low patronage of the Billiards Game, the Club is considering removing the table; and donating it to a Charitable Organisation. The space would be freed up for other activities.

The Club had postponed removing the Billiards table for other activities since 2001. Since the usage of the Billiards table continues to be negligible, the freed space will be utilized for other activities for the benefit of our members.



CSC Merit Awards / Donation Draw

CSC MERIT AWARDS

A total of 9 recipients were selected for these Awards:

PSLE

RANJAN MANOHARA

Excelled in PSLE in Temasek Primary School. He has taken part in Tamil Composition Competition and he is a cricket player in the Under-13 school's cricket league.

SIVANATHAN JHEEVANESH

Excelled in PSLE in Loyang Primary School. He was a Prefect and one of the pioneers of his school's Website Building Culture. He was a recipient of a Platinum Award in his school's Web Building Contest.

S. ARAVIND

Excelled in PSLE in Macpherson Primary School.

GCE 'O' Level

SHARMILA KANAGALINGAM

Excelled in GCE 'O' Level in Cedar Girls' Secondary School. She was the Vice-President of the Young Artists Society from 1999 – 2001. She took part in the Temasek Polytechnic Physics Competition, obtaining the Certificate of Merit, as well as the SWARNA NUS Drama Competition in which she clinched the Silver Award.

MOHANA RAJAKULENDRAN

Excelled in GCE 'O' Level in Raffles Girls' Secondary School. She represented her school in Tamil debates.

MAHENDRAN KIRUTHIGA

Excelled in GCE 'O' Level in Cedar Girls' Secondary School. She was a Committee Member of her school's Literary, Drama and Debating Society.

GCE 'A' Level

MANASI NANDIHALLI

Excelled in Nanyang Junior College. She represented her school in Webpage designing for which she was awarded the 4th prize. She also took part in a number of inter-college drama, dance competitions and Netball.

ROMIEN CHANDRASEGARAN

Excelled in GCE 'A' Level in Victoria Junior College. He was the Secretary and a member of his school's Sailing Club and took part in the National Inter-school Sailing Championship. He was also a member of the Youth Flying Club and obtained a private pilot's licence from the Civil Aviation Authority of Singapore.

MAHENDRAN ABIRAMY

Excelled in GCE 'A' Level in Raffles Junior College. She was a member of her school's Charity Squad and has traveled to Vietnam on an Overseas Community Service Trip. She was also a member of her school's Indian Cultural Society.

**Congratulations to all Merit Award recipients and on their excellent examination results.
We wish them well in their studies.**

CEYLON SPORTS CLUB BUILDING FUND DONATION DRAW

Your Support Will Make A Difference

The CSC Building Fund Donation Draw tickets are now available at only \$20 per booklet of 10 tickets

GRAND DRAW DATE: 30 DECEMBER 2003

The Club needs your support in the Sales of the Donation Draw Tickets

*Please do your part for the Club
Each & Every one of you makes a difference!*

THANK YOU!



SCA LEAGUE 2003

Division I

FIXTURES

16	February	CSC VS	NUS	@	CSC
23	February	CSC VS	KALLANG	@	KALLANG
9	March	CSC VS	ANZA	@	CSC
23	March	CSC VS	NTU	@	NTU
13	April	CSC VS	SRC	@	SRC
27	April	CSC VS	IA	@	IA
1	May	CSC VS	SCC	@	CSC
18	May	CSC VS	KALLANG C	@	CSC
25	May	CSC VS	NTU	@	CSC
1	June	CSC VS	SRC	@	CSC
8	June	CSC VS	ANZA	@	CSC
29	June	CSC VS	NSU	@	NUS
6	July	CSC VS	IA	@	CSC
13	July	CSC VS	SCC	@	SCC



SCA LEAGUE 2003

Division II

FIXTURES

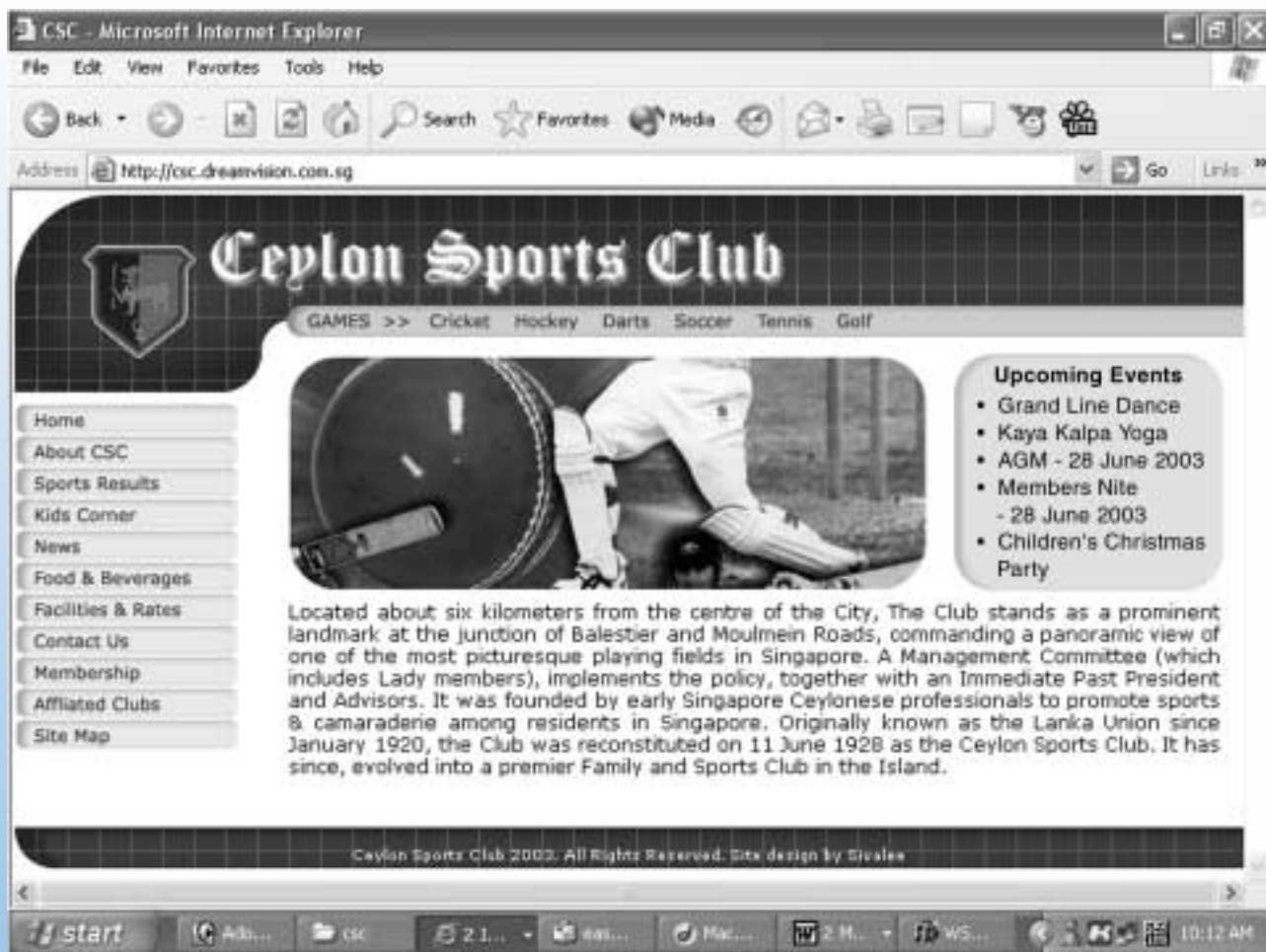
23	Februray	CSC VS	SRC	@	SRC
2	March	CSC VS	SCC	@	CSC
16	March	CSC VS	NUS	@	CSC
30	March	CSC VS	DB	@	IA
6	April	CSC VS	SIA	@	CSC
20	April	CSC VS	SCC III	@	SCC
27	April	CSC VS	SCA	@	CSC
4	May	CSC VS	MUCC	@	CSC
1	June	CSC VS	IA	@	IA
8	June	CSC VS	ISLAND	@	SACA
29	June	CSC VS	ANZA	@	Spoly

SCA LEAGUE 2003

Division III

FIXTURES

15	February	CSC VS	MARINA	@	CSC
22	February	CSC VS	SCC COLTS	@	CSC
1	March	CSC VS	Spoly	@	CSC
15	March	CSC VS	StanC	@	IA
22	March	CSC VS	IA	@	IA
5	April	CSC VS	ANZA	@	CSC
12	April	CSC VS	BCC	@	Poly
26	April	CSC VS	APAR	@	SACA
3	May	CSC VS	HORIZON	@	CSC
17	May	CSC VS	SCA	@	KALLANG
31	May	CSC VS	VETTER	@	CSC
28	June	CSC VS	SPA	@	IA
12	July	CSC VS	NTU II	@	CSC



Revamping of CSC Website: www.cscsingapore.org.sg

CSC is in the midst of revamping its Website: www.cscsingapore.org.sg

The Website is being redesigned and updated in terms of design, layout, colour scheme, and overall design.

Some of the changes, additions / alterations in the pipeline are as follows:

- Improve on the navigation structure, for e.g. users can find the exact information they are searching for.
- 'Contact Us' page, for e.g. sending your requirements or suggestions from our 'Contact Us' page in our Website.
- Allocate specific area for advertisements, for e.g. display of banners, posters, information of current or future events, etc.
- Email of newsletters
- Weekly update of activities
- Update on Jackpot Winners
- SCA / SHF League Results
- New Menu called 'Photo Gallery' will be added to our Website. History of CSC photos for past 20 years will be added in this menu.

The Website will continue to carry the latest CSCNEWS, updates, as well as SCA Cricket League match results.

During this maintenance period, we seek your understanding if you are unable to log onto our Website. We apologize for the inconvenience caused.



NETBALL

The Club is currently in the process of forming a Netball Section.

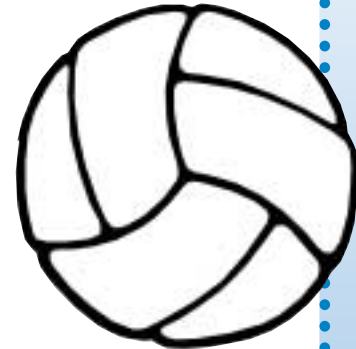
Venue:

Ceylon Sports Club

Coaching Session:

Monday - 2.30pm to 4.30pm

Friday - 2.30pm to 4.30pm



Time for the coaching session is tentative.

Please contact the Secretariat for further details @ 6297 1009

Important Notice

Loyalty Points

- Members are reminded to produce their Membership Card to earn their Loyalty Points immediately on purchase. Loyalty Points will not be awarded if not claimed immediately on each purchase unless the system is down in which case your details will be recorded and the Cashier on duty will initial your receipt; and the points awarded to you the next time you visit the Club.

Change of Postal Address? and Do You Have an Email Address?

- Have you changed your address?? If you have, please inform the Secretariat. We would like to inform you of 'What's On' at the Club. Kindly contact the Ms. Selvie at 6297 1009 or email: selvie@cscsingapore.org.sg, with your new address, contact nos. and email address, if any.

Subscription Payment Reminder

- Have you forgotten to pay your subscriptions?? If so, the Club would appreciate if you could forward us a cheque for the amount due to: Ceylon Sports Club, 101 Balestier Road, Singapore 329678.
- Members, whose subscriptions are in arrears as at 31 December 2002, despite reminders to settle them even if due to problems related to GIRO, shall not be entitled to attend the Annual General Meeting and vote thereat. Members have been reminded of this through previous CSC Newsletters and letters to settle their membership arrears as soon as possible by payment via cheque or cash, if their GIRO problems with their respective banks are not resolved due to various problems.
- Members are hereby advised to contact the Secretariat by 18 June 2003 if their banks have not resolved their GIRO problems.
- The Club would not entertain if members were in arrears for reasons beyond the control of the Club such as insufficient funds in the members' accounts or cancellation of Interbank GIRO facility, etc.



The Tankards Cup Match - 17 May 2003



No winners, no losers! Both teams to be commended for weathering the heat and playing the match.



CSC President P. Raveentheran hitting a sixer???



Some members watching the ongoing Tankards Match.



Post Tankards Match Merry-makers
Sat, 17 May 2003



M. Jeevanathan, Captain of the winning team receiving the Tankards Cup from Mr. Vincent Joseph, the Cup Donor.

After the initial disappointment with the weather, the re-scheduled match was played in glorious sunshine! Before the commencement of the match, the players observed 2 minutes silence in memory of Mr S M Vasagar and Mr S Jeyasundram - both supporters par excellence of the Club and the Tankards match!

As has been the tradition, the match was played under certain unique rules - no batsman can be out unless he has scored some runs - no 'ducks' permitted. The first beneficiary was Varun who was caught by K S Nathan off Subra's first over, but was allowed to carry on batting until he was 37. But Sivalingam had no such luck! He hit a loose one from Neethi and the evergreen Param lazily put out his left hand and plucked the ball out of the air. There were three wide open mouths - the batsman (who could not believe his 'bad' luck), the bowler on his good fortune and Param as if he had rolled back the years. I remember playing a couple of matches at Victoria College, Chulipuram against a team from Jaffna College with Param fielding at silly mid-on sans helmet, shin guards etc waiting to scoop the ball if ever a batsman played a lazy defensive shot!

The initial excitement over, the batsmen took the upper hand and Ratnaraj, George Eapen and Nimal made their 25s before they were forced to retire (another match rule!). Jeeva's team made 156 for 2 in their allotted 25 overs - when it was discovered that the CSC President Mr P Raveentheran had padded up and was patiently waiting his turn. Param's team sportingly bowled an extra over to allow Mr Raveentheran to bat - alas at the end of the day Jeeva's team did not reciprocate and came off the field as soon as they had bowled their 25 overs. (This had led to a suggestion that in future only 'mature' people above the age of 60 should be allowed to captain the two teams.)

Param's team (actually captained by Ratnakumar Senior) scored 136 for 3 in the 25 overs with Neethi 21 and Wong Hoe Sang 25 retired rolling back the years to give the team a good start, K S Nathan 27, Ratnakumar Senior a breezy 12 and Param 12 not out tried their best.

At the end of the match the winning Captain Jeeva paid tribute to the perseverance of Param without whom the match would not have been played and thanked all those who turned up.

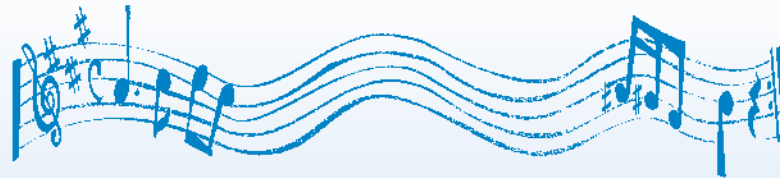
Mr. Vincent Joseph, who donated the Tankards Cup presented the Cup to the winning team captain. After which there was a lot of merry making (which was the real reason for playing the match).

For the statistically minded the brief scores for the Tankards match are as follows:

Jeeva's IX 156 for 2 in 25 overs (Varun Sivamani 37, Ratnaraj 26 ret'd, Eapen George 25 ret'd, Jeeva 26 ret'd, Nimal 25 ret'd, Neethianathan 1 for 13, Subra 1 for 27.)

Param IX 136 for 4 in 25 overs (Neethi 21, Wong Hoe Sang 25 ret'd, K.S.Nathan 27, Ratna Kumar(Sr)12, Param 12 no. Sivalingam 1 for 34, Nimal 1 for 11, Ratnaraj 2 for 24.)

By R. Sivasubramaniam



INDIAN MUSIC NITE - HINDI FILM SONGS

Saturday, 17 May 2003



For a long time from now, 17 May 2003 will remain a memorable Saturday Night for all those who attended the Indian Music Nite at the Club's Lounge. One of our own Club members, Promode Gopalan enthralled members and their guests with his Golden Voice, taking them down memory lane, and through an enjoyable journey of pure nostalgia. Acclaimed the uncrowned 'King of Hindi Songs' in Singapore, Promode was superbly supported by his partner, Nikhlesh Gupta. From 8 pm onwards Promode and Nikhlesh went about systematically capturing the hearts of chronic die-hard music lovers, by opening up their reservoir of songs from the evergreen to the latest Hindi pops of Mukesh, Kishore, Rafi, Hemant, Pankaj Udhas, Abhijit, Udit Narayan and Lucky Ali, leaving the unexpectedly large turnout of members and their guests, totally mesmerized.



Our Club's very own, "uncrowned", King of Hindi Songs in Singapore, Mr Promode Gopalan, who romanced the audience his way!

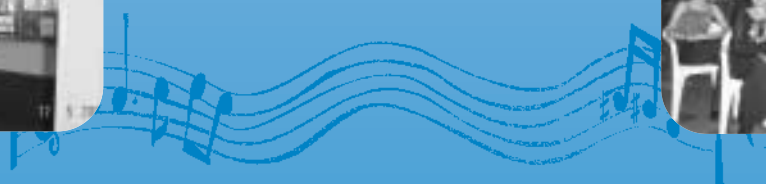


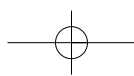
Entry was free and all those who could attend, immensely enjoyed this rare opportunity of a relaxed and yet scintillating night of music, dance, food and fun. The night ended only too quickly for the audience at around 1.00 a.m. when the frenzied dancing had to stop and the show had to come to an inevitable end.



Kudos to the Dynamic Duo for having romanced the crowd to frenzy, leaving them absolutely wide-eyed and hungry for more of the magic!!!

The Club hopes to see more members come forward to organize such events in the future.





To mark the

Central Singapore CDC District Meeting Road Show — Sunday, 1 Dec 2002



CSC Hockey Coach, Mr Kanan Packrisamy giving a hockey demo



On your mark, get set, Shoot!



Singapore's budding star hockey players?

Balestier Plain Club (BPC) New Year's Eve (NYE) Celebrations



Pool Competition



Pool Competition - Convenor Mr. Eugene Quek awarding the 1st prize to the winner Mr. Vasu



The Lady mafias of CSC. Don't mess with us! BPC NYE Celebrations 31 Dec 3003

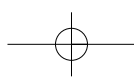
Jackpot Draw

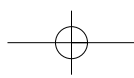


Jackpot Lucky Draw - 18 Dec 2002
Jackpot members on the edge of their seats... hoping for their number to be called out



Jackpot Lucky Draw - 18 Dec 2002
Member Patrick Rudge calling out the winning number whilst President P. Raveentheran is picking up another lucky number





The Events...

Ceylonese Heritage Trail - 19 March 2003



Enjoying sumptuous Ceylonese food - Ceylonese Heritage Trail, 19 March 2003 at the Ceylon Sports Club



Mr Sathyalingam briefing visitors on the Sri Senpaga Vinayagar Temple architecture

Some of the participants looking at the handicrafts and batiks on display



Welcome 2003 backdrop 31 Dec 2003
BPC NYE Celebration

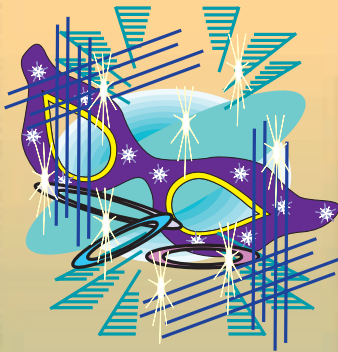


Representatives from Dilmah (Singapore) Pte Ltd with their various flavours of Ceylon Tea



Jackpot Lucky Draw - 18 Dec 2002
Some Jackpot members tucking in

Farewell Dinner for the Sri Lankan High Commissioner...



CSC President, Mr P. Raveentheran presenting a token of appreciation to H. E. Mrs Chitranganee Wagiswara on behalf of SLBA, SSA, SCTA & CSC



Mr. Duleep Wagiswara (seated extreme right) and H. E. Mdm Chitranganee (seated 3rd from right) with some members of SLBA, SSA, SCTA & CSC



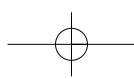
H. E. with some members of the Singapore Sinhala Association (SSA)



Members of the Singapore Sri Lankan Business Association (SLBA)



H. E. Mdm Chitranganee giving a Farewell Speech





News from the Jackpot Room



JACKPOT WINNERS FROM JAN - MAY 2003

DATE	MEMBERS NAME	M'SHIP NO	AMOUNT
14 Jan 2003	R. Kesavan	AG1950	\$1500/-
17 Jan 2003	K. Subbiah	AG1410	\$1000/-
3 Feb 2003	Wong Yok Lin	AL1635	\$4000/-
4 Feb 2003	K. Subbiah	AG1410	\$1200/-
12 Feb 2003	Gurdip Singh	AG0979	\$2585/-
17 Feb 2003	Danabhal	AG1831	\$1820/-
2 Mar 2003	Lim Kim Leng	AG1061	\$1832.40
6 Mar 2003	Eugene Quek	AG1545	\$1001.50
18 Mar 2003	V.K.K. Segaran	LM0107	\$1081/-
29 Mar 2003	Diana Beins	AL1932	\$1600/-
11 Apr 2003	K. Subbiah	AG1410	\$1201.20
16 Apr 2003	Teo Kok Leong	AG1354	\$1600/-
18 Apr 2003	V. Malini	AL2002	\$1200/-
19 May 2003	K. Subbiah	AG1410	\$5000/-

RAFFLE DRAW WINNER

13 Feb 2003	Robert Nooh	AG1499	\$1000/-
6 May 2003	Chinniah Shanmuganathan	LM0103	\$1000/-

CASHCADE WINNER

6 Mar 2003	Eugene Quek	AG1545	\$1001.50
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Congratulation to all winners!!!

May Lady Luck smile upon all Jackpot Players and bestow them Fortune and Lots of Luck.

JACKPOT DAY 2003

TO ALL JACKPOT PLAYERS

THE JACKPOT LUCKY DRAW WILL BE HELD ON
WEDNESDAY, 20 AUGUST 2003 AT THE FUNCTION HALL
FROM 7.30 P.M. TO 9.30 P.M.

For Every Purchase of \$30.00 Worth of Coins,
Members are Entitled to "ONE" Lucky Draw Coupon.

Please Note: (Coupons are Strictly for Members Only)

Promotion Period

Thursday 22 May 2003, 6.30 PM
to
Wednesday 20 August 2003, 7.30 PM

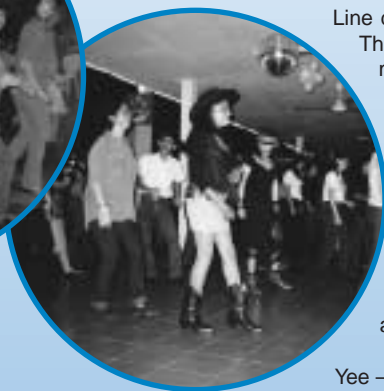
Line Dance

You may not know it, but there is just one degree of separation between Tjuna Eggson and Sherrie Dinsmore and country legends Glen Campbell and Billy Ray Cyrus. It's not that either woman knows any rhinestone cowboys. Nor do they have achy breaky hearts. But watch them line dance, and it is clear that they're pretty good urban cowgirls.

Line dance originated in times of the Old West when cowboys wanted to dance but had no women to dance with. They thus formed lines and started to dance. Line dancing is basically quite easy to learn at a beginner's level comparing the pace to a brisk walk. Some of the basic step patterns were given i.e. twinkles and waltz boxes for Waltzes, shuffles and apple-jacks for syncopated dances.



There are many different opinions about where line dancing originated. Some believe that it has strong ties to folk dancing and came to North America in the 1800's with the European immigrants. Others believe that it evolved from disco. Today line dancing is enjoyed by people of all ages, incomes and races.



Line dancing came to Singapore in the 1900's and it wasn't very popular then. There was a small group of country western lovers who line danced for the mere love of it. It started with a small group of friends in a small country and western bar; a Japanese named T. Suzuki and a family called the Johns and the Sobrielos.

Through the later part of the 1900's, Line dancing became popular amongst a lot of people including the young. It has evolved and is still evolving as this article is being written. The passion, joy, bond that is created within the line dancers are the best part of line dancing.

So hop in with those denims and leather boots and see what it is all about... All here at Ceylon's Sports Club.

Yee – Haw!!

by John Maria Patricia

Keep On Singing! An Incredible True Story...

Like any good mother, when Karen found out that another baby was on the way, she did what she could to help her 3 year old son, Michael, prepare for a new sibling. They found out that the new baby was going to be a girl, and day after day, night after night, Michael sang to his new sister in Mommy's tummy. He was building a bond of love with his little sister before he even met her. The pregnancy progressed normally for Karen, an active member of the Panther Creek United Methodist Church in Morristown, Tennessee.

In time, the labor pains came. Soon, it was every five minutes...every three... every minute. But serious complications arose during delivery and Karen found herself in hours of labor. Would a C-section be required? Finally, after a long struggle. Michael's little sister was born. But she was in very serious condition. With sirens howling in the night, the ambulance rushed the infant to the neonatal intensive care unit at St. Mary's Hospital, Knoxville, Tennessee.

The days inched by. The little girl got worse. The pediatric specialist regretfully had to tell the parents, "There is very little hope. Be prepared for the worst." Karen and her husband contacted a local cemetery about a burial plot. They had fixed up a special room in their home for the new baby - but now they found themselves having to plan for a funeral.

Michael, however, kept begging his parents to let him see his sister. "I want to sing to her," he kept saying. Week Two in intensive care looked as of a funeral would come before the week was over. Michael kept nagging about singing to his sister, but kids are never allowed in Intensive Care. Karen made up her mind, though. She would take Michael whether they liked it or not! If he didn't see his sister right then, he may never see her alive. She dressed him in an oversized scrub suit and marched him into ICU.

He looked like a walking laundry basket. But the head nurse recognized him as a child and bellowed, "Get that kid out here now! No children are allowed."

The mother rose up strong in Karen, and the usually mild-mannered lady glared steel-eyed right into the head nurse's face, her lips a firm line. "He is not leaving until he sings to his sister!"

Karen towed Michael to his sister's bedside. He gazed at the tiny infant losing

the battle to live. After a moment, he began to sing. In the pure-hearted voice of a 3-year-old, Michael sang: "You are my sunshine, my only sunshine, you make me happy when skies are gray -"

Instantly, the baby girl seemed to respond. The pulse rate began to calm down and become steady.

"Keep on singing, Michael," encouraged Karen with tears in her eyes.

"You never know, dear, how much I love you. Please don't take my sunshine away!"

As Michael sang to his sister, the baby's ragged, strained breathing became as smooth as a kitten's purr.

"Keep on singing, Sweetheart!"

"The other night, Dear, as I lay sleeping, I dreamed I held you in my arms..."

Michael's little sister began to relax as rest, healing rest, seemed to sweep over her.

"Keep on singing, Michael."

Tears had now conquered the face of the bossy head nurse. Karen glowed.

"You are my sunshine, my only sunshine. Please don't take my sunshine away."

The next day, the very next day, the little girl was well enough to go home! Woman's Day magazine called it "The Miracle of a Brother's Song." The medical staff just called it a miracle. Karen called it a miracle of God's love!

Never give up on the people you love. Love is so incredibly powerful.

~Author Unknown~



Just for Fun !!!

Don't believe Everything You see

This guy goes up to a bar located at the top of the Empire State Building in New York. It looks like a nice place, and he takes a seat at the bar.

"This is a nice place. I've never been here before," he says to the guy next to him. "Oh, really?" the other replies. "It is a nice place. It's also a very special bar." "Why is that?" the first guy asks. "Well, do you see that painting on the far wall? That's an original Van Gogh, and this stool I'm sitting on was on the Titanic." "Gee, that's amazing!" says the first guy.

"Not only that, but you see that window over there, fourth from the right? Well, the wind does strange things outside that window. If you jump out you'll fall about 50 feet before the wind catches you and you're pushed back up." "No way! That's impossible," the guy scoffs.

"Not at all. Take a look," the other man replies, and with that he walks over to the window and opens it. He climbs over the sill and falls out. He drops 10... 20... 30... 40...50 feet, comes to a stop, and whoosh -- he comes right back up and sails back through the window. "See? It's fun. You should try it," he says. "Try it? I don't even believe I saw it!", the first man shouts.

"It's easy. Watch, I'll do it again." And with that, he falls out the window again. He drops 10... 20... 30... 40... 50 feet, comes to a stop, and whoosh -- he comes right back up and sails back through the window. "Give it a try. It's a blast," he says.

"Well, what the heck, I'll give it a try," the first man says, and proceeds to fall out the window. He falls 10... 20... 30... 40... 50...60...70...80...90... 100 feet and splat -- he ends up as road pizza on the sidewalk.

After watching this, the second guy casually closes the window, heads back to the bar and orders a drink. The bartender arrives with the drink and says, "You know, Superman, you're a real jerk when you're drunk."

Genre: Doctors Jokes

A lawyer was cross-examining the doctor about whether or not he had checked the pulse of the deceased before he signed the death certificate. "No," the doctor said. "I did not check his pulse." "And did you listen for a heartbeat?" asked the lawyer. "No I did not," the doctor said. "So," said the lawyer, "when you signed the death certificate, you had not taken steps to make sure he was dead." The doctor said, "Well, let me put it this way. The man's brain was in a jar on my desk but, for all I know, he could be out practising law somewhere."

TODAY

I woke up early today, excited over all I get to do before the day ends. I have responsibilities to fulfill today. I am important. My job is to choose what kind of day I am going to have. Today I can complain because the weather is rainy or... I can be thankful that the grass is getting watered for free.

Today I can feel sad that I don't have more money or... I can be glad that my finances encourage me to plan my purchases wisely and guide me away from waste.

Today I can grumble about my health or... I can rejoice that I am alive.

Today I can lament over all that my parents didn't give me when I was growing up or... I can feel grateful that they allowed me to be born.

Today I can cry because roses have thorns or... I can celebrate that thorns have roses.

Today I can mourn my lack of friends or... I can excitedly embark upon a quest to discover new relationships.

Today I can whine because I have to go to work or... I can shout for joy because I have a job to do.

A group of frogs were traveling through the woods, and two of them fell into a deep pit. All the other frogs gathered around the pit. When they saw how deep the pit was, they told the two frogs that they were as good as dead. The two frogs ignored the comments and tried to jump up out of the pit with all of their might. The other frogs kept telling them to stop, that they were as good as dead.

Finally, one of the frogs took heed to what the other frogs were saying and gave up. He fell down and died. The other frog continued to jump as hard as he could. Once again, the crowd of frogs yelled at him to stop the pain and just die. He jumped even harder and finally made it out.

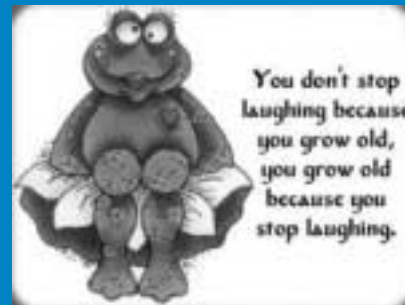
When he got out, the other frogs said, "Did you not hear us?" The frog explained to them that he was deaf. He thought they were encouraging him the entire time.

This story teaches three lessons:

There is power of life and death in the tongue. An encouraging word to someone who is down can lift them up and help them make it through the day.

A destructive word to someone who is down can be what it takes to kill them. Be careful of what you say. Speak life to those who cross your path.

You can do whatever you set your mind to. Just don't let others make you believe you can't.



Today I can complain because I have to go to school or... I can eagerly open my mind and fill it with rich new tidbits of knowledge.

Today I can murmur dejectedly because I have to do housework or... I can feel honored because Life has provided shelter for my mind, body and soul.

Today stretches ahead of me, waiting to be shaped. And here I am, the sculptor who gets to do the shaping.

What today will be like is up to me. I get to choose what kind of day I will have!

Have a GREAT DAY ... unless you have other plans.

~Author Unknown~

THE CLUB ANNOUNCES WITH DEEP REGRET, THE DEMISE OF



K. M. Krishnan

Father of our Member Mrs. Susheela Theyvendran,
Father-in-Law of our Advisor Dr. R. Theyvendran
and Grandfather of our Life Member
Mr. Rameson Theyvendran,
who passed away peacefully on 30 December 2002.



Mdm G. Sinnammah.

Mother-in-Law of our Life Member Mr. V. Sivapragasam,
who passed away peacefully on 6 February 2003.



Mrs. Markandu Maheswari Thevi

Wife of our Life Member Mr. K. Markandu and
Mother of our Member Mr. Asoka Markandu,
who passed away on 11 February 2003.



Mr. Sarjit Singh (Sam)

Our Member
who passed away peacefully on 24 February 2003.



Mr. Gurmit Singh (Matt)

Our Member
and Brother of our Members Mr. Gurdip Singh and
Mr. Baljit Singh,
who passed away peacefully on 5 March 2003.



Mdm. K. Parimalam w/o S. Kumarasamy

Mother of our Member Dr. K. Paramesvaran,
who passed away peacefully on 6 March 2003.



Mdm. Valli Singaram Thevar

Mother of our Committee Member
Mr. S. Krishnamoorthy,
who passed away peacefully on 7 March 2003.



Mr. A. Ponnampalam

Father of our Member Mr. T. Thirupathi (Toronto),
who passed away peacefully on 12 December 2002.



Mr. S. Nagarajan

Father of our Member Mr. N. Senthilrajan,
who passed away peacefully in France
on 12 March 2003.



Mr Dewamuni Newton de Silva

Father of our staff Dewamuni Nishantha de Silva,
who passed away on 23 April 2003.



Mdm. Rajammah Nagalingam

Mother of our Life Member
Mr. N. Selvarajah,
who passed away peacefully on 8 May 2003.



Mr. Ponnambalam Paramanandham

Brother of our Senior Life Member Mr. Sathananthar
and our Life Member Mr. A.D. Ponnambalam,
who passed away peacefully on 19 May 2003.

**The President,
Members of the Management Committee and Members and
Staff of the Ceylon Sports Club convey their condolences to the bereaved families.**



LION CITY HASH RUN ON 31 JANUARY 2003

For the first time, the Lion City Hash Group held a run at the Club. About 50 members of this group gathered at the Kuo Chuan Presbyterian Secondary School's carpark at 6.00 pm on 31 January 2003 to begin their run through Balestier Road, Upper Thomson Road, Kampong Java Road, Farrer Park, Upper Serangoon Road, Rangoon Road, Rangoon Lane and then back to the school carpark by 8.00 pm.



After catching their breath, the group headed to the Club Lounge for dinner and drinks at 9.00 p.m.

They thoroughly enjoyed themselves at the Club and when parting said that they would definitely hold more runs from our Club in future.

We would certainly love to have them at our Club again as well!!

by **C. Thilagaratnam**

CAR PARKING FACILITIES

For members who drive,

- Please note that parking facilities are available at the Kuo Chuan Presbyterian Secondary School grounds, at Rangoon Lane, off Rangoon Road.
- Parking will only be permitted with CSC Parking Labels displayed. CSC Car Park Labels can be purchased at the Counter at the Club. Unauthorised possession of CSC Car Park Labels without payment shall be reported to the authorities.
- Vehicles found parked without a valid car park label or parked indiscriminately would be towed away by the Traffic Police and disciplinary action will be taken against those who flout this rule.
- Please park your cars in authorized lots only.
- No vehicles will be allowed on the field at the Club at all times.
- There have been reports of littering. Please refrain from doing so.

Gentle Reminder

- Liquor Storage: Please do not store your bottles of liquor, wine or spirits in the lockers.
- Please clear all unconsumed liquor bottles kept in the counter within one month of purchase. The Club reserves its right to clear unclaimed bottles after one month of purchase.
- Corkage charges are applicable for all liquor bottles brought into the Club.



TEZBUDZ FOODS

- Indian
- Sri Lankan
- Chinese
- Malay
- Mexican



ENJOY
THE
TASTE
AND
SERVICE

- Variety of Menu
- Special Events
- Buffet
- Brunch
- High Tea
- Lunch
- Dinner



A GARDEN PARTY IN THE CITY

For Enquiries/Orders:
Tel/Fax: 63967813
Email: sales@tezbudz.com

A Garden in the City

- *Great Green Patch of Grass - a treat to your eyes*
- *Star studded Open Skies - like nowhere else in Singapore*
- *Family atmosphere - Family feel comfort*
- *Facilities for Children to have a thrilling evening of leisure*
- *Good live & recorded music*
- *Friendly members*
- *Cozy function hall*
- *Jackpot Room to try your Luck*
- *Well stocked Bar*
- *Energetic Home team to entertain you on the field*

While the above are the invaluable assets of the Ceylon Sports Club, TEZBUDZ FOODS has a mission to please the appetites of the members and patrons of the Club with a variety of food that can cater to the taste buds of all ethnic groups.

Our Menu - its variety being served with a unique menu every day of the week with a concept every month should entice any food lover.

Our Activities - Special arrangements like Buffet Breakfast, Brunch, High Tea should provide an opportunity to laze around and interact with family and members.

Our Events - Surprise events as well as regular events like Children menu on

holidays with entertainment for children should amuse the taste buds of children as well as give some time for parents to relax. Help us baby-sit your children at least once a week. The environment will provide them with good entertainment by our friendly waitresses as well as food meant for them.

Our Mission - To make CSC a happening place in Singapore with good and quality food with service that can match food industry standards.

Tezbudz will go a step further than being just a caterer locked to the kitchen. The concept of our service includes creating an environment for all to have a pleasant evening.

You will be surprised to find new dishes every time you come down to the Club and hence we hope that you will take this opportunity to visit us daily to enjoy our variety and service.

Special Service to members will include budget pre-order meals. Members can call in at our kitchen; choose the family pack for Lunch or Dinner especially on weekends to enjoy our facility of TAKE-AWAY family packs. You can enjoy your weekends and tired evenings without having to bother about cooking everyday.

We are here to serve you. Enjoy our Indian, Sri Lankan, Chinese and Mexican delights whenever you come to visit us here.

We look forward to your patronage and support.



Friendly Pool Competition between IA & CSC on Thursday, 3 April 2003 at CSC

The CSC Pool Team led by our newly appointed Pool Convenor, Mr. Eugene Quek, invited the Singapore Indian Association (IA) Team to CSC for a friendly match on Thursday, 3 April 2003 at 7.00 p.m. It was a well-fought match, which involved 10 players from both sides. The singles game saw a draw between both teams. The doubles game, however, saw IA coming out victorious and clinching the prize of a full bottle of Black Label generously donated by Mr. Eugene.

The IA Pool Team was treated to drinks and food by the CSC Team at the end of the match. The IA team thanked their host for the enjoyable match and their hospitality. They hoped that this friendly match would be a regular fixture for time to come with the teams taking turns to play at both IA & CSC premises.



Eugene Quek, Pool Convenor



Kaya Kalpa Yoga Course

Kaya Kalpa is a precious gift to mankind. This practice helps one to maintain physical and mental health, further spiritual development and rejuvenates the physical system to slow the ageing process. The practice will help all regardless of sex, race, religion or creed, to enjoy a happy and satisfactory life.

Kaya Kalpa also gives significant spiritual benefit. The Kundalini energy is transmuted into spiritual energy, by directing it to the "Crown Chakras". The enlightenment of Consciousness, which is the purpose of birth, is gradually achieved. The temperamental moods developed in a man's personality will be naturally sublimated into spiritual awareness and morality for the welfare and happiness of all.

The course will be conducted by Prof. (Yoga) S Subramaniam, Simplified Kundalini Yoga Society President.

For more information on Kaya Kalpa Yoga, please visit website at:

<http://www.skysociety.org.sg/kayakalpa.htm>

Male/Female aged 14 and above can enroll for this Kaya Kalpa Yoga course.

Day: **Tuesday**

Time: **7:30pm - 9:30pm**

Venue: **Ceylon Sports Club, Function Hall,
101 Balestier Road**

Kaya Kalpa Yoga Refresher's Course

Day: **Saturday**

Time: **7:30pm - 9:30pm**

Venue: **Sri Ruthra Kaliyamman Temple, 3rd Floor
Library, 100 Depot Road**

(For location map, pls. click onto the link:
<http://www.skysociety.org.sg/classes.htm>)

Contact Information:

For more details/information, please contact:

Mr. Ragupathy - 9520 9047 (Pgr)

Mr. P. Krishnamurthy - 9401 1923 (Pgr)

Mrs. Vijayaletchemi - 9768 8440 (HP)

Mr. S. Tharmaraj - 9211 6501 (Pgr)

School Boys' Cricket Matches

The CSC junior members had practice sessions and friendly matches during the school holidays from 17 March to 22 March 2003. Two matches were played against Anglo-Chinese School (Independent). Both teams won a game each.

Scores:

18 March 2003 CSC grounds: 22 overs match.

ACS (IND) 80 Arjun Gupta 2 for 15, Krishna 1 for 12, Ryan 1 for 10.

Anand 2 for 13.

CSC 68 Arjun Gupta 26 no.

ACS won by 12 runs

21 March 2003 CSC grounds: 22 overs match

ACS (IND) 147 Nishanth 2 for 12, Arjun 1 for 25, Krishna 1 for 17.

CSC 148 for 6 in 21.2 overs Nasirul 17, Krishna 26, Ashiq 10.

CSC won by 4 wickets.

Practice sessions are held every Tuesday and Saturday.

The boys enjoyed the matches and there was marked improvement in all departments of the game. Most of the boys were below 14 years of age. In a few years' time, some of these boys will be ready to play in our CSC's adult league.

CEYLON SPORTS CLUB

MEMBERSHIP PROMOTION

**1 MARCH 2003 TO
30 JUNE 2003**

**Entrance fee: 50% off
published rates.**

**Payable together with 1 year
subscription upon
registration**

MEDICAL TALK ON SEVERE ACUTE RESPIRATORY SYNDROME (SARS) ON SUNDAY, 6 APRIL 2003 AT 2.00 P.M.

The Club held a talk on 'Severe Acute Respiratory Syndrome (SARS)' on Sunday, 6 April 2003 at 2.00 p.m. at the Function Hall. There was a good turnout for this Talk considering the short time that was given to organize a talk of this nature on the requests from a number of concerned members.

The Guest Speaker was Dr. I. Swaminathan, Consultant Surgeon, Gleneagles Hospital and Volunteer Doctor at Sri Mariamman Temple. He graciously agreed to give this Talk at the invitation of Dr. S. Pushparanee.

Dr. I. Swaminathan explained and showed some interesting graphics via the overhead projector as to how this dreaded disease spreads and affects a person's lungs, thus debilitating the respiratory system and the precautionary measures to undertake. He ended his talk by answering some questions from concerned members. He summed up his talk by thanking the attentive audience; and commented that at a 'perilous' time like this where most Singaporeans are staying home because of the SARS outbreak, he was pleasantly surprised at the encouraging turnout for this Talk.

Mr. P. Raveentheran presented a plaque to our Guest Speaker as a token of appreciation and thanked him on behalf of the Club for having agreed to give this Talk at such short notice.

Light refreshments were served to all present and the afternoon ended with most of them going home with a better understanding of SARS and how it spreads.

The Talk is part of the Club's contribution in the country-wide drive to battle this disease, besides disseminating SARS-related information via its Notice-Board, Website, and reminding members and staff to refrain from entering its premises and consult a doctor



if they display any of the symptoms of SARS or if they had been to a SARS-affected country designated by WHO recently.

There is a greater likelihood of eradicating this scourge from Singapore if everyone knows more about this virus and how it spreads to the community at large. With the correct knowledge, there is no reason to over-panic as had happened to many other countries. Panic, ignorance and unfounded rumours will only make it more difficult for everyone and the Country to win this war against SARS. Ultimately, it is the responsibility of every individual that will make the difference.



" All you need is just one careless or one selfish person who doesn't come forward for screening or for isolation early enough, and if the person is infectious, you can then start a new cluster."

**Mr. Lim Hng Kiang
Minister of Health**

Whoever renders service to many puts himself in line for greatness - great wealth, great return, great satisfaction, great reputation and great joy.

Jim Rohn



NOXDERN INTERNATIONAL

JUNE SCHOOL HOLIDAYS

Jointly Bring
A Quality Program For Our Members' Children
At a very Special Price

BUSINESS TEENS

A Four Days Entrepreneur Leadership Workshop for Teenagers (Age 14-19)

Get Introduced to the WORLD OF ENTREPRENEURSHIP & BUSINESS

WHY ATTEND BUSINESS TEENS?

- Working for a living is not the only option you have
- Be flexible, adapt quickly and keep upgrading your capabilities
- Be able to take advantage of new opportunities, dare to venture & raise your standard of living
- "Think out of Box" & be creative to triumph over new challenges
- Set fresh goals beyond your academic learning
- Prepare yourself today to face the challenges of tomorrow
- Shape your passion & dreams into reality

It helped me generate many business ideas and learn about business attitude - Preiyaa - Student

I learnt a lot from this program. It'll help me to take charge of my father's business - Bryon Noel - Student

The program has benefited me in many ways. I am now more open to the business world and invention. Our opportunities to succeed is more evident now - Mas Atikah - Student

WHAT WILL YOU LEARN?

- How Entrepreneurs get started
- What it takes to be an entrepreneur
- How to generate and protect your business ideas
- Types of business entities
- What is marketing mix and business plan
- Self-Affirmation Strategies
- Sources of relevant information

Date: Tue 24 to Fri 27 Jun 03

Time: 8.30 am to 5.30 pm daily

Venue: Ceylon Sport Clubs

~~\$298~~
Public
\$348
For Members Only!

REGISTRATION FORMS AVAILABLE AT CLUB OFFICE OR REGISTER ONLINE AT www.noxdern.com
Noxdern International - Tel: 6336 6606 - Fax: 6336 4186 - www.noxdern.com

We are inviting all our lady members / members' wives

To Come and join our **HOME ENTREPRENEUR WORKSHOP**

START A SMALL BUSINESS FROM HOME

Enrich Your Life

Convert Your Free Time Into Self-Satisfying Outcome

Turn Your Hobbies or Passion Into More Useful Achievements

Leverage your Time, Be Active & Happy

What you will learn

- How entrepreneurs get started
- How to transform your passion & interest into a rewarding small business
- Types of small businesses and their success formula
- Marketing ideas
- How to start a home business

Date: 9th to 12th June 2003
Time: 2.00 pm to 5.30 pm
Venue: Ceylon Sports Club

Fantastic Offer Register Early!

Special Price for Club's Members \$150

REGISTRATION FORMS AVAILABLE AT CLUB OFFICE

This workshop is jointly brought to you by



NOXDERN INTERNATIONAL

Noxdern International - Tel: 6336 6606 - Fax: 6336 4186 - www.noxdern.com



U2 Can Adventure @ Pulau Ubin

Life is a Cycle..... Lets go Cycling!!!

Date: Sunday, 22 June 2003 at 9 a.m.

X-plore & X-perience Pulau Ubin within a day by Bicycle.
Meeting point is at Changi Village Bus Interchange.

Activities

- 1) Cycling
- 2) Games
- 3) Lucky Draw
- 4) Lunch provided

CSC Member: \$35/-

Non-member: \$40/-

All activities will be conducted under the guidance of qualified U2 Can Instructors.

New Affiliated Clubs as at May 2003

NRI Club International
10-3-300

Humayunnagar, Masab Tank
Hyderabad – 500 028
Andhra Pradesh
India

Palm Beach Club
Beach Road
Visakhapatnam 530 017
Andhra Pradesh
India

Rajamahal Vilas Club
3rd Main, 15th Cross
R.M.V. II Extension
Bangalore – 560 094
India

Dear food lovers,

TezBudz Food Catering is the appointed official food caterer to the Ceylon Sports Club.

We cordially invite you, your family and friends to savour our favourite Sri Lankan, South Indian, Chinese (halal), Mexican and Western dishes prepared by our chefs.

As of June onwards, buffet dinner will be served on Thursdays, Fridays and Sundays at \$15nett for adults and \$8.50nett for

children below the age of 10 years at the open green field. All fully paid-up Ceylon Sports Club members will be able to enjoy an additional complimentary 15% off upon producing valid membership cards.

For special occasions, we have private banquet halls available to cater to receptions such as weddings, birthday parties, ceremonies, company functions, seminars etc.

For further enquiries, please contact Nigel at 9109 8831 or 6396 7813.



Say 'Cheese' or I'll shoot!

Children's Christmas Party – Saturday, 14 December 2002

There was a good turnout of children and their parents for the function. Programme included Children's Fancy Dress Competition and games. The evening culminated with Santa giving away presents to all children present.



Fancy Dress Competition 2nd prize winner - Tribal Village Girl captivated the judges with her smile



One for the album



Fancy Dress Competition 1st prize winner - Batman who flapped his wings into the heart of the judges and all present

A TRIBUTE FROM A GRATEFUL LOT:

The Management Committee, Staff & Members of the Ceylon Sports Club express their solidarity and heartfelt appreciation to all healthcare professionals, workers and many others in the ongoing fight against SARS.

SARS (Severe Acute Respiratory Syndrome):

**Nuggets of Advice – these can save Lives,
Yours too!!**



- Health Ministry's Special 24-hour hotline: 1-800-333-9999 or 993 for an ambulance to take SARS suspect cases to Tan Tock Seng Hospital for screening at no charge.
- If you feel unwell, and have symptoms like fever, cough, muscle aches, breathing difficulties and chills, stay at home. Do not go to work, school or socialize.
- The sooner you are screened for SARS, the better you can protect yourself, your family, fellow members and others in the Community. Early treatment gives you better chances of recovery.
- Do not doctor-hop. Consult only one doctor.

"We are at a critical point in our battle against SARS... If we fail to contain the outbreak, we may end up joining Toronto, Beijing and Hong Kong as places that travellers should avoid. However, if we work together, we can move away from this brink."

Dr. Balaji Sadasivan,
Minister of State for Health & the Environment



CSC News

The voice of the Ceylon Sports Club - Singapore

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January - May 2003

Balestier Plain Clubs' Joint New Year's Eve Grand Dinner & Dance

A Grand New Year's Eve Dinner & Dance was held on Tuesday, 31 December 2002. For the first time in the Balestier Plain's history, it was held jointly with the other Balestier Plain Clubs: IA, SCRC and SKA with more than 900 members and guests including about 100 underprivileged children and residents from the **Ramakrishna Mission, SASCO and Moral Senior Activity Centre**. Guest-of-Honour was Mr. Chan Soo Sen, Minister of State, Prime Minister's Office and Ministry of Community Development & Sports.

72nd Annual General Meeting

Saturday 28 June 2003 at 4pm
at the Club's Function Hall, 2nd floor.

According to the Club's Rules & Bye-Laws:

"Nomination shall be made on prescribed forms and should be deposited ten clear days before the Annual General Meeting into a sealed ballot box"

"Only members whose subscription have been paid up to the 31st day of December of the previous year shall be entitled to attend the Annual General Meeting and vote thereafter."

Members' Nite

Saturday 28 June 2003 at 7pm. Admission free



Guest-of-Honour, Mr Chan Soo Sen (seated fourth from right) with Balestier Plain Clubs' officials

CSC Building Fund Donation Draw

Please note that the CSC Building Fund Donation Draw date has been postponed from 31 July to 30 December 2003 @ 8pm.

All members are urged to contribute generously to the Building Fund and purchase the Donation Draw tickets. All donations or pledges in cash are also welcome. Pledge forms, which were mailed to members together with the previous CSC Newsletter,

are also available at the Secretariat.



All contributions, big or small, will go a long way to achieving the target set for the Building Fund.

The Management Committee wishes to place on record its gratitude and thanks to the members and well-wishers who had so far contributed towards this Fund or who had purchased the Donation Draw tickets in bulk.